

## 2021/2022 2nd All Japan Selected Speed Skating Competition

2021年11月30日現在予定

Day 1

as of 3 dec. 2021

| Category                     | Distance                 | Number of skaters | Series x time | Time    |            | Planning |       |
|------------------------------|--------------------------|-------------------|---------------|---------|------------|----------|-------|
|                              |                          |                   |               | compet. | iceprepar. | start    | end   |
| Ice training                 |                          |                   | 1 x 30'00     | 30'00   |            | 7:30     | 8:00  |
| Ice preparation (race lanes) |                          |                   |               |         | 15'00      | 8:00     | 8:15  |
| Warm-up                      |                          |                   | 1 x 25'00     | 25'00   |            | 8:15     | 8:40  |
| Ice preparation              | (Opening Declaration)    |                   |               |         | 20'00      | 8:40     | 9:00  |
| Men                          | 3000m                    | 10                | 3 Q x 06'00   | 18'00   |            | 9:00     | 9:18  |
| Change system                |                          |                   |               |         | 02'00      | 9:18     | 9:20  |
| Women                        | 3000m                    | 5                 | 3 Q x 06'00   | 18'00   |            | 9:20     | 9:38  |
| Ice preparation (race lanes) | (Flower giving - M3000m) |                   |               |         | 15'00      | 9:38     | 9:53  |
| Women                        | 3000m                    | 26                | 5 Q x 06'00   | 30'00   |            | 9:53     | 10:23 |
| Ice preparation (race lanes) | (Flower giving - L3000m) |                   |               |         | 15'00      | 10:23    | 10:38 |
| Women                        | 500m                     | 27                | 14 p x 02'00  | 28'00   |            | 10:38    | 11:06 |
| Ice preparation (race lanes) | (Flower giving - L500m)  |                   |               |         | 15'00      | 11:06    | 11:21 |
| Men                          | 500m                     | 29                | 15 p x 01'45  | 26'00   |            | 11:21    | 11:47 |
| Ice training                 | (Flower giving - M500m)  |                   | 1 x 30'00     | 30'00   |            | 11:47    | 12:17 |
| SCHEDULE WITH ALL RESERVED   |                          |                   |               |         |            |          |       |

Signature Referee Women:

Signature Referee Men:

2021/2022 2nd All Japan Selected Speed Skating Competition

2021年11月30日現在予定

Day 2

as of 4 dec. 2021

| Category                     | Distance                 | Number of skaters | Series x time | Time    |            | Planning |       |
|------------------------------|--------------------------|-------------------|---------------|---------|------------|----------|-------|
|                              |                          |                   |               | compet. | iceprepar. | start    | end   |
| Ice training                 |                          |                   | 1 x 30'00     | 30'00   |            | 7:30     | 8:00  |
| Ice preparation (race lanes) |                          |                   |               |         | 15'00      | 8:00     | 8:15  |
| Warm-up                      |                          |                   | 1 x 25'00     | 25'00   |            | 8:15     | 8:40  |
| Ice preparation              |                          |                   |               |         | 20'00      | 8:40     | 9:00  |
| Women                        | 1000m                    | 40                | 10 Q x 03'15  | 33'00   |            | 9:00     | 9:33  |
| Ice preparation (race lanes) | (Flower giving -L1000m)  |                   |               |         | 15'00      | 9:33     | 9:48  |
| Men                          | 1000m                    | 45                | 12 Q x 03'00  | 36'00   |            | 9:48     | 10:24 |
| Ice preparation (race lanes) | (Flower giving -L1000m)  |                   |               |         | 15'00      | 10:24    | 10:39 |
| Men                          | 5000m                    | 16                | 4 Q x 08'30   | 34'00   |            | 10:39    | 11:13 |
| Ice preparation (race lanes) |                          |                   |               |         | 15'00      | 11:13    | 11:28 |
| Men                          | 5000m                    | 10                | 3 Q x 08'30   | 26'00   |            | 11:28    | 11:54 |
| Ice training                 | (Flower giving - M5000m) |                   |               |         | 30'00      | 11:54    | 12:24 |
| SCHEDULE WITH ALL RESERVED   |                          |                   |               |         |            |          |       |

Signature Referee Women:

Signature Referee Men:

## 2021/2022 2nd All Japan Selected Speed Skating Competition

2021年11月30日現在予定

Day 3

as of 5 dec. 2021

| Category                     | Distance                     | Number of skaters | Series x time | Time    |       | Planning |       |
|------------------------------|------------------------------|-------------------|---------------|---------|-------|----------|-------|
|                              |                              |                   |               | compet. |       | start    | end   |
| Ice training                 |                              |                   | 1 x 30'00     | 30'00   |       | 7:30     | 8:00  |
| Ice preparation (race lanes) |                              |                   |               |         | 15'00 | 8:00     | 8:15  |
| Warm-up                      |                              |                   | 1 x 25'00     | 25'00   |       | 8:15     | 8:40  |
| Ice preparation              |                              |                   |               |         | 20'00 | 8:40     | 9:00  |
| Women                        | 1500m                        | 30                | 8 Q x 03'45   | 30'00   |       | 9:00     | 9:30  |
| Ice preparation (race lanes) |                              |                   |               |         | 15'00 | 9:30     | 9:45  |
| Women                        | 1500m                        | 6                 | 2 Q x 03'45   | 08'00   |       | 9:45     | 9:53  |
| <i>Change system</i>         |                              |                   |               |         | 02'00 | 9:53     | 9:55  |
| Men                          | 1500m                        | 17                | 5 Q x 03'30   | 18'00   |       | 9:55     | 10:13 |
| Ice preparation (race lanes) | (Flower giving - L1500m)     |                   |               |         | 15'00 | 10:13    | 10:28 |
| Men                          | 1500m                        | 28                | 7 Q x 03'30   | 25'00   |       | 10:28    | 10:53 |
| Warm up (for MSR)            | (Flower giving - M5000m)     |                   | 1 x 10'00     | 10'00   |       | 10:53    | 11:03 |
| Ice preparation              |                              |                   |               |         | 30'00 | 11:03    | 11:33 |
| Women                        | Mass start                   | 15                | 1 h x 10'00   | 10'00   |       | 11:33    | 11:43 |
|                              |                              |                   |               |         | 10'00 | 11:43    | 11:53 |
| Men                          | Mass start                   | 25                | 1 h x 10'00   | 10'00   |       | 11:53    | 12:03 |
| Ice training                 | (Flower giving - Mass start) |                   |               |         | 30'00 | 12:03    | 12:33 |
| SCHEDULE WITH ALL RESERVED   |                              |                   |               |         |       |          |       |

Signature Referee Women:

Signature Referee Men: